

## Coaching Outline for Session #8

### Practice Skills

**Note to the Coach: The Numbered Bold Lines are there to give you a reference point, you don't say them to your player.**

#### 1) Quick Life / Situation Check in

**Ask:** How are you? Can you give me a 2-minute update on what is happening in your life?

**If there is something BIG going on...**

**Ask:** is this something we need to address during our session?

{If yes, make a note of it}

#### 2) Evaluate the game

**Say:** So, let's do a quick evaluation of your game and talk about what happened and what didn't happen?

**ASK:** Tell me about the **RESULTS** you got and the **RESULTS** you didn't get.

#### 3) Respond to challenges together.

**Ask:** What was the biggest **CHALLENGE** you faced and what did you learn from it?

#### 4) Figure out what to do next to play better

**In this session you will co-create a Role Play to practice a critical conversation**

##### 1) Identify the specific conversation to practice

**Ask:** Of all of the conversations you have as a part of your game, which would be the best for us to practice today? It can be a recurring conversation or a specific conversation that would move your game forward.

##### 2) Know the intended result

**ASK:** What is the result that you want to create in this conversation?

##### 3) Know your role

**Ask:** please give me a brief (30 second) character sketch of the role I will be playing.

**Say:** This may be a specific person or a composite of the typical person

##### 4) Get into the role

{Get into the conversation. Let yourself be the character. Have fun with it.}

##### 5) Call time out

# Play-Two-Win Method™ Playbook

---

{Let your player know if you are coming out of character to make a suggestion.}

## **6) Repeat**

{Be prepared to go through a specific part of the conversation several times.}

## **7) Add a twist**

{Based on how well you think the player is doing, you can vary how you play the role to create easier or more challenging situations.}

## **8) Debrief**

**ASK:** What did you learn from doing this practice conversation?

**ASK:** Are there any other conversations we should plan to practice another time?

## **Consider practice for non-conversational skills**

**Ask:** Let's look at another key action of your game. What is a way you could get some "practice" to improve your skill?

## **5) Create a new game for the upcoming time period**

### **Complete the session**

**Ask:** OK. Are there any changes you want to make to your game plan for the week?

**Ask:** Please give me your 1 minute recap on the game for the week...